

17th Regional Osteoporosis Conference

IOF & ISCD Course: 10 – 11 June 2016 (Fri – Sat)

Conference: 11 – 12 June 2016 (Sat – Sun)

Hong Kong Convention and Exhibition Centre

Organized by:



Co-organized by:



Hong Kong Association
of Rehabilitation Medicine



The Hong Kong
Orthopaedic Association



The International Society for
Clinical Densitometry

IOF & ISCD Course endorsed by:



A Conjoint Battle against

Osteoporotic
Fractures

Deadline for Abstract Submission:

29 April 2016

Deadline for Registration:

Course: **31 May 2016**

Conference: **3 June 2016**

Joint International Course of the IOF & ISCD

- Clinician Course
- Technologist Course

ROC Symposium Highlights

- Overview and Surgical Update of Hip Fracture in Hong Kong
- Treatment Controversies (Current and Future)
- Ortho-Geriatric Collaboration in the Perioperative Management of Hip Fracture
- Vertebral Fracture Rehabilitation
- Sarcopenia, Fall Prevention and Nutrition

Accreditation

CME/ CPD/ CNE Points will be accredited for
both IOF & ISCD Course and Conference.

For Enquiry:

ROC 2016 Conference Secretariat
c/o International Conference Consultants Ltd.

Tel: (852) 2559 9973

Email: roc2016@icc.com.hk

Websites: www.oshk.org.hk

www.hkarm.org

www.hkgs.org

www.hkoa.org

Welcome Message

Dear colleagues and friends,

We are delighted to announce that the 17th Regional Osteoporosis Conference (ROC 2016) will be held on 10 - 12 June 2016 at the Hong Kong Convention and Exhibition Centre.

With the great success of the past Regional Osteoporosis Conferences, the Osteoporosis Society of Hong Kong (OSHK) is honoured to host the ROC 2016 and co-organize the Conference with the Hong Kong Association of Rehabilitation Medicine (HKARM), Hong Kong Geriatrics Society (HKGS) and Hong Kong Orthopaedic Association (HKOA) this year.

As a pre-conference programme, we will bring you the International Course of the International Osteoporosis Foundation (IOF) and the International Society for Clinical Densitometry (ISCD) on 10 - 11 June 2016. The theme of this year's Conference is ***"A Conjoint Battle against Osteoporotic Fractures"***. We have been working hard on preparing the comprehensive scientific programme and will invite renowned local and regional speakers to share their expertise and deliver state-of-the-art lectures for hip fractures, treatment controversies, geriatric-orthopedic collaboration in peri-operative management, vertebral fracture rehabilitation and sarcopenia in Hong Kong.

It will be a wonderful opportunity to hear about the updates on Osteoporotic Fractures in Hong Kong. We do hope you can join us for this prestigious event in Hong Kong.



Dr. Ka-Kui LEE
President, OSHK



Dr. Ka-Hong YUEN
President, HKARM



Dr. James LUK
President, HKGS



Dr. Bobby Kin-Wah NG
President, HKOA

Preliminary Programme

Joint International Course of the IOF & ISCD

10 June 2016 (Friday): 08:30 – 18:00

11 June 2016 (Saturday): 09:00 – 12:15

Clinician Course	Technologist Course
Overview of Osteoporosis	Overview of Osteoporosis
Bone Measurement Device Operating Principles	Bone Measurement Device Operating Principles
X-Ray Science, Radiation Safety and Quality Assurance	X-Ray Science, Radiation Safety and Quality Assurance
Clinical Evaluation of Bone Health	Principles of DXA Scan Interpretation
Use of Bone Densitometry for the Diagnosis of Osteoporosis	Quality Assurance
Fracture Risk Assessment	Role of the Technologist
Monitoring Treatment of Osteoporosis	Anatomy, Positioning and Acquisition - Spine
Clinical Management Part 1: Prevention	Anatomy, Positioning and Acquisition - Femur & Forearm
Clinical Management Part 2: Pharmacological Treatment Continued	Vertebral Fracture Assessment
Clinical Management Part 3: Further Pharmacologic Treatment Considerations	Scan Analysis
Principles of DXA Scan Interpretation	Clinical Management of the Osteoporotic Patient
Principles of DXA Scan Reporting	Clinical Application
Cases for Discussion	Clinical Cases

Please visit www.oshk.org.hk for programme updates.

Preliminary Programme

17th Regional Osteoporosis Conference

11 June 2016 (Saturday)

13:30	Registration
14:30 – 15:00	Opening Ceremony Opening Speech by Guest of Honor Welcome Speech by President of OSHK Presentation of Young Investigator Award
15:00 – 16:00	Session 1: Overview and Surgical Update of Hip Fracture in Hong Kong <ul style="list-style-type: none"> • Overview of Fragility Fracture <i>Prof. Kwok-Sui LEUNG, Chair Professor, Department of Orthopaedics and Traumatology, The Chinese University of Hong Kong</i> • Surgical Update of Hip Fracture in Hong Kong <i>Dr. Christian FANG, Honorary Associate Consultant, Department of Orthopaedics and Traumatology, Queen Mary Hospital</i>
16:00 – 16:30	Coffee Tea Break
16:30 – 18:00	Session 2: Treatment Controversies (Current and Future) <ul style="list-style-type: none"> • Current: What Do We Know about Vitamin D <i>Dr. Ching-Lung CHEUNG, Assistant Professor, Department of Pharmacology and Pharmacy, The University of Hong Kong</i> • Prescription of Calcium and Vitamin D: How and Why? <i>Dr. Tai-Pang IP, Consultant Endocrinologist, Department of Medicine, Tung Wah Hospital</i> • Current: Treatment beyond 5 Years <i>Prof. Annie Wai-Chee KUNG, Private Endocrinologist, Honorary Clinical Professor, The University of Hong Kong</i> • Future: Novel Targets and Therapy in Osteoporosis <i>Dr. Andrew Yiu-Yan HO, Associate Consultant, Department of Medicine and Geriatrics, Tuen Mun Hospital</i>
18:30 – 21:00	Faculty Dinner (By Invitation Only)

12 June 2016 (Sunday)

09:00	Registration
10:00 – 11:00	Session 3: Ortho-Geriatric Collaboration in the Perioperative Management of Hip Fracture <ul style="list-style-type: none"> • Geriatric Perspective <i>Dr. Ting-Kwan YIM, Associate Consultant, Department of Medicine and Geriatrics, United Christian Hospital</i> • Orthopedic Perspective <i>Dr. Kin-Bong LEE, Consultant, Department of Orthopaedics and Traumatology, Queen Elizabeth Hospital</i>
11:00 – 11:15	Coffee Tea Break
11:15 – 12:35	Session 4: Vertebral Fracture Rehabilitation <ul style="list-style-type: none"> • Clinical Pathway for Osteoporotic Vertebral Fracture in Hong Kong <i>Dr. Sheung-Wai LAW, Consultant, Department of Orthopaedics and Traumatology, Alice Ho Miu Ling Nethersole Hospital</i> • Vertebral Fractures Rehabilitation <i>Dr. Jennifer MYINT, Chief of Service, Department of Rehabilitation, Kowloon Hospital</i> • Exercise in Vertebral Fractures <i>Mr. Kenneth LEUNG, Senior Physiotherapist, Kowloon Hospital</i> • Training Programme to Improve ADL <i>Ms. Mabel YANG, Occupational Therapist, Kowloon Hospital</i>
12:35 – 14:15	Eli Lilly Lunch Symposium <i>Topic & Speaker: To be announced</i>
14:15 – 16:15	Session 5: Sarcopenia, Fall Prevention and Nutrition <ul style="list-style-type: none"> • Understanding Sarcopenia: Assessment, Diagnosis and Clinical Significance <i>Dr Tung-Wai AU YEUNG, Consultant, Department of Medicine and Geriatrics, Pok Oi Hospital</i> • Fall Prevention and Fall Risk Assessment <i>Dr. Selina CHAN, Associate Consultant, Department of Geriatrics, Ruttonjee Hospital</i> • Treatment of Sarcopenia: Physiotherapist Perspective <i>Dr. Kelvin KWOK, Physiotherapist, Caritas Medical Centre</i> • Importance of Nutrition in Sarcopenia <i>Mr. Ho-Yan TING, Dietitian, North District Hospital</i>

* The programme is subject to change without prior notice.

Please visit www.oshk.org.hk for programme updates.

17th Regional Osteoporosis Conference (ROC 2016)

10 – 12 June 2016

Hong Kong Convention and Exhibition Centre

Please complete this form and return it with the appropriate payment to:

ROC 2016 Conference Secretariat, c/o International Conference Consultants Ltd.

Unit C-D, 17/F, Max Share Centre, 373 King's Road, North Point, Hong Kong

Tel: (852) 2559 9973

Fax: (852) 2547 9528

Email: roc2016@icc.com.hk

Register ONLINE: www.oshk.org.hk

A. PERSONAL INFORMATION *Mandatory Fields

(Please type or print in block letters and ✓ where appropriate)

Title:* ☐ Prof. ☐ Dr. ☐ Mr. ☐ Mrs. ☐ Ms. ☐ Others, please specify _____

Last Name:* _____ First Name:* _____

Position:* _____ Department: _____

Organization:* _____

Address:* _____

City/Region/State: _____ Postcode: _____ Country:* _____

Tel:* _____ Fax: _____ E-mail:* _____
(country code) (area code) number (country code) (area code) number (Email is required for further communication.)

Dietary Requirement: ☐ Vegetarian ☐ Allergic to Food (Please specify: _____)

☐ Please send me hotel accommodation information in Hong Kong.

B. REGISTRATION FEE

Registration Category	Local Delegates		Overseas Delegates
	Member ^	Non-Member	
17th Regional Osteoporosis Conference (11-12 June)			Registration Deadline: 3 June 2016
Early Bird: On or before 31 May	<input type="checkbox"/> HK\$200	<input type="checkbox"/> HK\$500	<input type="checkbox"/> HK\$800 (USD105)
Regular: After 31 May	<input type="checkbox"/> HK\$300	<input type="checkbox"/> HK\$800	<input type="checkbox"/> HK\$1,100 (USD145)
IOF & ISCD Course * (10-11 June)			Registration Deadline: 31 May 2016
Clinician Course	<input type="checkbox"/> HK\$2,500	HK\$2,800	<input type="checkbox"/> HK\$3,000 (USD400)
Technologist Course	<input type="checkbox"/> HK\$2,200	HK\$2,500	<input type="checkbox"/> HK\$3,000 (USD400)
Total:	HK\$		

For Course participants: You will receive email from IOF/ISCD after completion of the course with instruction on how to access and pay for the examination.
The fee of online attestation examination is US\$45.

^ I am a member of: ☐ OSHK ☐ HKARM ☐ HKGS ☐ HKOA

C. PAYMENT DECLARATION

All the payments are in Hong Kong dollars only. I hereby agree to be bound by the rules and regulations of the Conference and would like to settle the payment (Part B) in HK\$_____ by:

☐ Cheque payable to **"International Conference Consultants Ltd."** (for Hong Kong Participants only)

☐ Credit Card ☐ VISA ☐ MasterCard (Signature should be same as the one on the card.)

Card Number: _____ - _____ - _____ - _____ Expiry Date (MM/YY): _____ - _____

Name of Cardholder: _____

Signature: _____ Date: _____

If you are not using personal credit card to pay, please fill in the contact details of that cardholder.

Contact Email: _____ Contact Phone Number: _____

Rules and Regulations

- Each registrant should complete a separate registration form.
- All the payments are in Hong Kong Dollars only. Exchange rate is for reference only (approximately US\$1 = HK\$7.5).
- Registration form without payment will NOT be processed. Please do NOT send cash.
- Conference Secretariat will send a letter of confirmation by email upon receipt of your registration form and full payment. Kindly check the letter of confirmation. Any changes or alterations must be made in writing to the Conference Secretariat.
- The programme is subject to change without prior notice. In the event of cancellation of the Conference, the only liability of the Organizers is to refund all the fees paid.
- All enquiries, changes and cancellations should be made in writing to the Conference Secretariat. No refund of registration fee after payment.
- The information on this Form is to assist us in preparing your participation in the Conference. All the information you provide will be restricted to the Organizers of the ROC 2016 and other related working parties. You have the right of access and correction with respect to your personal data held by us. If you wish to exercise these rights, please contact the Conference Secretariat.

Other Information

Call for Abstracts

The Organizing Committee of 17th Regional Osteoporosis Conference 2016 (ROC 2016) cordially invites prospective authors to submit abstracts for poster presentations during the Conference. Your experience or research findings will provide valuable insight that can inspire innovative ideas to other participants. The Young Investigator Award will be given to the best abstract submitted by investigator below the age of 40. Please download the Abstract Submission Form at **www.oshk.org.hk**.

Deadline for Abstract Submission: 29 April 2016

Accreditation

CME/ CPD/ CNE Points will be accredited for both IOF & ISCD Course and Conference.

Organizing Committee

Chairman: Dr. Benjamin AU YEUNG

Members: Dr. Tak-Yeung CHAN

Dr. William CHEUNG

Dr. Angus CHU

Dr. Andrew Yiu-Yan HO

Dr. Carmen HO

Dr. Tai-Pang IP

Prof. Annie KUNG

Dr. Ka-Kui LEE

Dr. Jenny LEUNG

Ms. Connie LOONG

Dr. James LUK

Dr. Kwai-Ming SIU

Dr. Sze-Hung WONG

Conference Venue

Room S421 and other meeting rooms, 4/F, Hong Kong Convention and Exhibition Centre (Harbour Road Entrance), 1 Expo Drive, Wanchai, Hong Kong

ROC 2016 Conference Secretariat

c/o International Conference Consultants Limited

Unit C-D, 17/F, Max Share Centre, 373 King's Road, North Point, Hong Kong

Tel: (852) 2559 9973 Fax: (852) 2547 9528 Email: roc2016@icc.com.hk