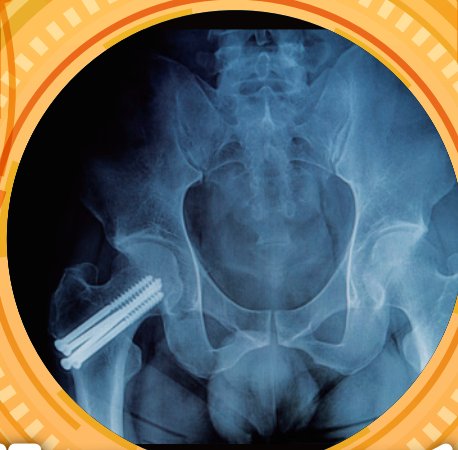
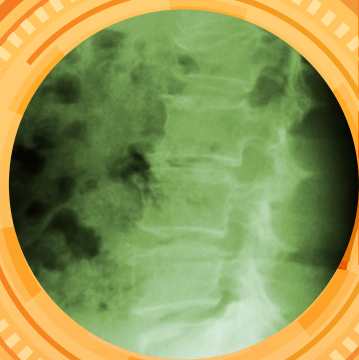


# 18<sup>th</sup> Regional Osteoporosis Conference

6 – 7 May 2017 (Sat – Sun)

Hong Kong Convention and Exhibition Centre



## Advancing the Management of Osteoporosis in the Community

### Programme Highlights

- Who, When and How to Treat Osteoporosis?
- How Long to Treat Osteoporosis?
- Lifestyle Management of Osteoporosis
- Practical Consideration in Medical Treatment of Osteoporosis
- The Role of Family Physicians in the Management of Osteoporosis
- Calcium & Vitamin D
- Screening of Osteoporosis in the Community
- Secondary Prevention of Fragility Fracture
- How to Manage Osteopenia?
- Interactive Case Discussion on Common Controversies

Submit Abstracts & Register NOW at  
**[www.oshk.org.hk](http://www.oshk.org.hk)**

Deadline for Abstract Submission &  
Early-Bird Registration:  
**18 April 2017**

### Accreditation

CME/ CPD/ CNE Points will be applied.

Organized by:



Co-organized by:



For Enquiry:

ROC 2017 Conference Secretariat  
c/o International Conference Consultants Ltd.

Tel: (852) 2559 9973

Email: [roc2017@icc.com.hk](mailto:roc2017@icc.com.hk)

Websites: [www.oshk.org.hk](http://www.oshk.org.hk) / [www.hkcfp.org.hk](http://www.hkcfp.org.hk)

# Welcome Message

Dear colleagues and friends,

We are most delighted to announce that the 18<sup>th</sup> Regional Osteoporosis Conference (ROC 2017) will be held on 6-7 May 2017 at the Hong Kong Convention and Exhibition Centre.

Riding on the great success of the past Regional Osteoporosis Conferences, this year the Osteoporosis Society of Hong Kong (OSHK) is honoured to co-organize the Conference with The Hong Kong College of Family Physicians (HKCFP).

The theme of this year's Conference is ***"Advancing the Management of Osteoporosis in the Community"***. The Organizing Committee of ROC 2017, chaired by Dr. Joanne LAM, has been working hard preparing an attractive scientific programme. Renowned local and regional speakers will join together to share their experience and deliver state-of-the-art lectures in various aspects related to osteoporosis, including screening, drug and lifestyle management of osteoporosis in the community, the role of family physicians, secondary prevention of fragility fracture, and the management of osteopenia. There will also be an interactive case discussion session as one of the highlights this year. We are confident that participants will gain much knowledge and skills through learning from the experts and exchanging ideas during the conference.

Entering its eighteenth year, the annual Regional Osteoporosis Conference will certainly be a rewarding and enjoyable chance to hear about updates on Osteoporosis. Come and explore this unforgettable experience in Hong Kong!



**Dr. Eddie SL CHOW**

President

The Osteoporosis Society of Hong Kong



**Dr. Angus MW CHAN**

President

The Hong Kong College of Family Physicians

## Organizing Committee

Chairperson: Dr. Joanne LAM

Members: Dr. Benjamin AU YEUNG  
Dr. Ching-Lung CHEUNG  
Dr. William CHEUNG  
Dr. Patrick CHIU  
Dr. Eddie CHOW  
Dr. Andrew Yiu-Yan HO  
Dr. Carmen HO  
Dr. Tai-Pang IP

Dr. Anita KAN  
Prof. Annie KUNG  
Dr. Ka-Kui LEE  
Dr. Jenny LEUNG  
Ms. Connie LOONG  
Dr. Kin-Cheung MAK  
Dr. Grace WONG  
Dr. Sze-Hung WONG

# Programme

## 6 May 2017 (Saturday)

11:30	Registration
12:30 – 14:00	<b>Amgen Lunch Symposium</b> <ul style="list-style-type: none"><li>Improving Osteoporotic Patient Care by FLS Implementation in Taiwan <i>Dr. Wei-Chieh HUNG, I-Shou University / E-DA Hospital, Kaohsiun City, Taiwan</i></li><li>Fragility Fracture Management in Hong Kong – from Hospital to Community <i>Dr. Albert HSU, Consultant, Department of Orthopaedics and Traumatology, United Christian Hospital</i></li></ul>
14:00 – 14:30	<b>Opening Ceremony</b>
14:30 – 15:30	<b>Session 1</b> <ul style="list-style-type: none"><li>Who, When and How to Treat Osteoporosis? <i>Dr. Yu-Cho WOO, Consultant, Department of Medicine, Queen Mary Hospital</i></li><li>How Long to Treat Osteoporosis? <i>Dr. Tai-Pang IP, Consultant, Department of Medicine, Tung Wah Hospital</i></li></ul>
15:30 – 16:00	Coffee / Tea Break
16:00 – 17:20	<b>Session 2</b> <ul style="list-style-type: none"><li>Lifestyle Management of Osteoporosis - Diet <i>Ms. Penny CHOI, Dietitian, Tuen Mun Hospital</i></li><li>Lifestyle Management of Osteoporosis - Exercise <i>Dr. Anthony KWOK, Deputy Director, Musculoskeletal Medicine &amp; Rehabilitation Programme, The Chinese University of Hong Kong</i></li><li>Practical Medical Management in Osteoporosis <i>Dr. Eddie CHOW, Consultant, Department of Medicine and Geriatrics, Tuen Mun Hospital</i></li></ul>
18:00 – 21:00	Faculty Dinner (By Invitation Only)

## 7 May 2017 (Sunday)

09:00	Registration
10:00 – 11:15	<b>Session 3: Joint OSHK and HKCFP Symposium</b> <ul style="list-style-type: none"><li>The Role of Family Physicians in the Management of Osteoporosis <i>Prof. Regina SIT, Assistant Professor, Jockey Club School of Public Health and Primary Care, The Chinese University of Hong Kong</i></li><li>Extra-skeletal Effect of Calcium and Vitamin D <i>Dr. Ching-Lung CHEUNG, Assistant Professor, Department of Pharmacology and Pharmacy, Centre for Genomic Sciences, The University of Hong Kong</i></li><li>Screening of Osteoporosis in the Community <i>Dr. Vivian MA, Associate Consultant (Nuclear Medicine), Department of Radiology, Queen Mary Hospital</i></li></ul>
11:15 – 11:45	Coffee / Tea Break
11:45 – 12:30	<b>Session 4: Eli Lilly Symposium</b> <ul style="list-style-type: none"><li>Secondary Prevention of Fragility Fracture: Focus on Bone Strength <i>Dr. Donato AGNUSDEI, Italy</i></li></ul>
12:30 – 14:00	<b>Amgen Lunch Symposium</b> <ul style="list-style-type: none"><li>Denosumab: Drug Holidays? <i>Dr. Tai-Pang IP, Consultant, Department of Medicine, Tung Wah Hospital</i></li></ul>
14:00 – 15:30	<b>Session 5</b> <ul style="list-style-type: none"><li>Management of Osteopenia in Women <i>Dr. Grace WONG, Senior Doctor, Family Planning Association of Hong Kong</i></li><li>Interactive Case Discussion on Common Controversies <i>Dr. Patrick CHIU, Consultant, Queen Mary Hospital</i> <i>Dr. Eddie CHOW, Consultant, Department of Medicine and Geriatrics, Tuen Mun Hospital</i> <i>Dr. Tai-Pang IP, Consultant, Department of Medicine, Tung Wah Hospital</i> <i>Dr. Joanne LAM, Associate Consultant, Department of Medicine, Queen Mary Hospital</i> <i>Dr. Ka-Kui LEE, Honorary Clinical Assistant Professor, Department of Medicine, The University of Hong Kong</i> <i>Dr. Jenny LEUNG, Consultant, Department of Integrated Medical Service, Ruttonjee Hospital</i> <i>Dr. Arisina MA, Resident Specialist, Department of Medicine and Geriatrics, United Christian Hospital</i> <i>Dr. Priscilla WONG, Associate Consultant, Department of Medicine and Therapeutics, Prince of Wales Hospital</i></li></ul>

\*The programme is subject to change without prior notice. Please visit [www.oshk.org.hk](http://www.oshk.org.hk) for programme updates.

## Call for Abstracts

The Organizing Committee of 18<sup>th</sup> Regional Osteoporosis Conference (ROC 2017) cordially invites prospective authors to submit abstracts for poster presentations during the Conference. Your experience or research findings will provide valuable insight that can inspire innovative ideas to other participants. Please download the Abstract Submission Form at [www.oshk.org.hk](http://www.oshk.org.hk).

**Deadline for Abstract Submission: 18 April 2017**

# 18<sup>th</sup> Regional Osteoporosis Conference (ROC 2017)

6 – 7 May 2017

Hong Kong Convention and Exhibition Centre

## REGISTRATION FORM

Please complete this form and return it with the appropriate payment to:

**ROC 2017 Conference Secretariat, c/o International Conference Consultants Ltd.**

Office Address: Unit C-D, 17/F, Max Share Centre, 373 King's Road, North Point, Hong Kong

Tel: (852) 2559 9973

Fax: (852) 2547 9528

Email: roc2017@icc.com.hk

**Register ONLINE: [www.oshk.org.hk](http://www.oshk.org.hk)**

### A. PERSONAL INFORMATION \*Mandatory Fields

(Please type or print in block letters and ✓ where appropriate)

Title:\* ☐ Prof. ☐ Dr. ☐ Mr. ☐ Mrs. ☐ Ms. ☐ Others, please specify \_\_\_\_\_

Last Name:\* \_\_\_\_\_ First Name:\* \_\_\_\_\_

Position:\* \_\_\_\_\_ Department: \_\_\_\_\_

Organization:\* \_\_\_\_\_

Address:\* \_\_\_\_\_

City/Region/State: \_\_\_\_\_ Postcode: \_\_\_\_\_ Country:\* \_\_\_\_\_

Tel:\* \_\_\_\_\_ Fax: \_\_\_\_\_ E-mail:\* \_\_\_\_\_  
(country code) (area code) number (country code) (area code) number (Email is required for further communication.)

Dietary Requirement: ☐ Vegetarian ☐ Allergic to Food (Please specify: \_\_\_\_\_)

☐ Please send me hotel accommodation information in Hong Kong.

### B. REGISTRATION FEE

Registration Category	Local Delegates		Overseas Delegates
	Member ^	Non-Member	
Registration Deadline: <i>28 April 2017</i>			
Early Bird: On or before 18 April 2017	<input type="checkbox"/> HK\$300	<input type="checkbox"/> HK\$600	<input type="checkbox"/> HK\$800 (USD105)
Regular: After 18 April 2017	<input type="checkbox"/> HK\$400	<input type="checkbox"/> HK\$900	<input type="checkbox"/> HK\$1,100 (USD145)
Total:	HK\$		

^ I am a: ☐ member of OSHK ☐ member / fellow / trainee of HKCFP

### C. PAYMENT DECLARATION

**All the payments are in Hong Kong dollars only.** I hereby agree to be bound by the rules and regulations of the Conference and would like to settle the payment (Part B) in HK\$\_\_\_\_\_ by:

☐ Cheque payable to **"International Conference Consultants Ltd."** (for Hong Kong Participants only)

☐ Credit Card: ☐ VISA ☐ MasterCard (Signature should be same as the one on the card.)

Card Number: \_\_\_\_\_ - \_\_\_\_\_ - \_\_\_\_\_ - \_\_\_\_\_ Expiry Date (MM/YY): \_\_\_\_\_ - \_\_\_\_\_

Name of Cardholder: \_\_\_\_\_

Signature: \_\_\_\_\_ Date: \_\_\_\_\_

If you are not using personal credit card to pay, please fill in the contact details of that cardholder.

Contact Email: \_\_\_\_\_ Contact Phone Number: \_\_\_\_\_

#### Rules and Regulations (Registration):

- Each registrant should complete a separate registration form.
- All the payments are in Hong Kong Dollars only. Exchange rate is for reference only (approximately US\$1 = HK\$7.75).
- Registration form without payment will NOT be processed. Please do NOT send cash.
- Conference Secretariat will send a letter of confirmation by email upon receipt of your registration form and full payment. Kindly check the letter of confirmation. Any changes or alterations must be made in writing to the Conference Secretariat.
- The programme is subject to change without prior notice. In the event of cancellation of the Conference, the only liability of the Organizers is to refund all the fees paid.
- All enquiries, changes and cancellations should be made in writing to the Conference Secretariat. No refund of registration fee after payment.
- The information on this Form is to assist us in preparing your participation in the Regional Osteoporosis Conference and other activities of the OSHK. All the information you provide will be restricted to the Organizers, Conference Secretariat and other related working parties. If you do not wish such information to be used for future communication purposes, please inform the Conference Secretariat by writing. You also have the right of access and correction with respect to your personal data held by us. If you wish to exercise these rights, please contact the Conference Secretariat.