

# 14th

## Regional Osteoporosis Conference 2013

and

### Osteoporosis: Essentials of Densitometry, Diagnosis and Management

### An International Course of the ISCD and IOF

**NEW**

#### JOINT INTERNATIONAL Course of the ISCD & IOF

#### Symposium Highlights

- Management of vertebral fractures
- Osteoporosis and cancer
- Challenges in younger people with osteoporosis
- Therapeutics update

ISCD & IOF Course: 24 – 25 May 2013 (Fri – Sat)  
Conference: 25 – 26 May 2013 (Sat – Sun)  
Hong Kong Convention and Exhibition Centre

Organised by:



Osteoporosis Society  
of Hong Kong

Co-organised by:



Hong Kong Society of  
Clinical Oncology

ISCD & IOF Course endorsed by:



International Society for  
Clinical Densitometry



International  
Osteoporosis  
Foundation

Deadline for Abstract Submission:

**15 April 2013**

Deadline for Registration:

Course: **03 May 2013**

Conference: **15 May 2013**

#### For enquiry:

Conference Secretariat  
International Conference  
Consultants Ltd.

Tel: (852) 2559 9973

Email: [roc2013@icc.com.hk](mailto:roc2013@icc.com.hk)

Websites: [www.oshk.org.hk](http://www.oshk.org.hk)  
[www.hksco.org](http://www.hksco.org)

# Welcome Message

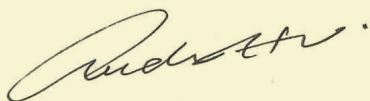
The Osteoporosis Society of Hong Kong (OSHK) and Hong Kong Society of Clinical Oncology (HKSCO) look forward to welcoming you to Hong Kong for the 14th Regional Osteoporosis Conference (ROC) taking place at the Hong Kong Convention and Exhibition Centre from May 25 to 26, 2013.

As a pre-conference programme, we will bring to you the newly revised International Course of the International Society of Clinical Densitometry and International Osteoporosis Foundation (Osteoporosis: Essentials of Densitometry, Diagnosis and Management) on 24-25 May 2013.

Participants will benefit from an outstanding scientific programme led by renowned local and overseas experts. Also, young scientists will have the opportunity to present their work in the poster session and win award in recognition of research excellence.


Now entering its fourteenth year, the annual ROC has become the leading educational and research forum for osteoporosis and related diseases in Hong Kong. The highlights of this year include osteoporosis and cancer, management of vertebral fractures, challenges in young people with osteoporosis and therapeutics updates.

Don't miss the chance to join this vibrant and exciting event in Hong Kong.



---

**Dr Andrew Ho**  
President  
Osteoporosis Society of Hong Kong



---

**Dr Gordon Au**  
President  
Hong Kong Society of Clinical Oncology

# Preliminary Programme

## Joint International Course of the ISCD & IOF

### Osteoporosis: Essentials of Densitometry, Diagnosis and Management

24 May 2013 (Friday) 08:30 – 18:30

25 May 2013 (Saturday) 08:30 – 13:00

Room S428-S429, 4/F, Hong Kong Convention and Exhibition Center

Clinician Course	Technologist Course
<ol style="list-style-type: none"><li>1. Overview of Osteoporosis</li><li>2. Bone Measurement Device Operating Principles</li><li>3. X-ray Science, Radiation Safety and Quality Assurance</li><li>4. Clinical Evaluation of Bone Health</li><li>5. Use of Bone Densitometry for the Diagnosis of Osteoporosis</li><li>6. Fracture Risk Assessment</li><li>7. Monitoring Treatment of Osteoporosis</li><li>8. Clinical Management Part 1: Non-Pharmacologic, Estrogen &amp; SERM Treatment</li><li>9. Clinical Management Part 2: Pharmacologic Treatment Continued</li><li>10. Clinical Management Part 3: Further Pharmacologic Treatment Considerations</li><li>11. Principles of DXA Scan Interpretation</li><li>12. Principles of Reporting DXA Scans</li><li>13. Cases for Discussion</li></ol>	<ol style="list-style-type: none"><li>1. Overview of Osteoporosis</li><li>2. Bone Measurement Device Operating Principles</li><li>3. X-ray Science, Radiation Safety and Quality Assurance</li><li>4. Principles of DXA SCAN Interpretation</li><li>5. Quality Control</li><li>6. Role of the Technologist</li><li>7. Anatomy, Positioning &amp; Acquisition - Spine</li><li>8. Anatomy, Positioning &amp; Acquisition – Femur and Forearm</li><li>9. Vertebral Fracture Assessment</li><li>10. Scan Analysis</li><li>11. Clinical Management of the Osteoporotic Patient</li><li>12. Case-based Clinical Application</li><li>13. Clinical Case Review</li></ol>

# Preliminary Programme

## 14th Regional Osteoporosis Conference

25 May 2013 (Saturday)

13:30	Registration
14:30 – 15:00	<b>Opening Ceremony</b> Presentation of Young Investigator Award <i>Guest of Honor: Prof. Sophia Chan, JP, Hong Kong</i>
15:00 – 16:00	<b>Session 1: GSK Symposium</b> Selection of Osteoporosis Treatments Against Fractures: Challenges and Latest Advances ( <i>Prof. Socrates E Papapoulos, The Netherlands</i> )
16:00 – 16:30	Tea Break
16:30 – 18:15	<b>Session 2: Management of Vertebral Fractures in Acute Setting</b> Epidemiology Update on Vertebral Fractures ( <i>Dr. Zee-man Wat, Hong Kong</i> ) Orthopaedic Management of Osteoporotic Vertebral Collapse ( <i>Dr. Kin-cheung Mak, Hong Kong</i> ) Medical Management and Rehabilitation of Osteoporotic Vertebral fractures ( <i>Dr. Eddie Siu-lun Chow, Hong Kong</i> )

26 May 2013 (Sunday)

09:00	Registration
09:30 – 10:00	Morning Refreshment
10:00 – 12:00	<b>Session 3: Joint OSHK- HKSCO Symposium</b> Endocrine Causes of Osteoporosis in Cancer ( <i>Dr. Tsz-kok Yau, Hong Kong</i> ) Non-endocrine Causes of Osteoporosis in Cancer ( <i>Dr. Angus KC Leung, Hong Kong</i> ) Bone Metastasis ( <i>Dr. Stephen Yau, Hong Kong</i> ) Management of Skeletal Problems in Cancer ( <i>Prof. Stephen L Chan, Hong Kong</i> )
12:00 – 13:45	<b>Takeda Lunch Symposium</b> New Strategies for Management of Osteoporosis with Consideration to Risks, Benefits, and Breast Cancer Prevention ( <i>Dr. Deborah Kado, USA</i> )
13:45 – 14:45	<b>Session 4: Eli Lilly Symposium</b> Optimizing Treatment Strategy for Osteoporotic Patients - Antiresorptives vs Anabolic Agent ( <i>Dr. David Kendler, Canada</i> )
14:45 – 16:15	<b>Session 5: Facing the Challenges in Osteoporosis</b> Approach to Young People with Low Bone Mass or Fragility Fracture ( <i>Prof. Annie Wai -chee Kung, Hong Kong</i> ) Primary Hyperparathyroidism: New Insights with a View Towards New Guidelines in 2013 ( <i>Prof. John Bilezikian, USA</i> ) Non-Menopausal Osteopenia: A Radiologist's Perspective ( <i>Dr. Lisa Lei-sha Wong, Hong Kong</i> )

# Registration Form

**14th Regional Osteoporosis Conference  
and  
Osteoporosis: Essentials of Densitometry, Diagnosis and Management  
An International Course of the ISCD and IOF**

24-26 May 2013 (Fri – Sun) | Hong Kong Convention and Exhibition Centre

Please complete this form and return it with the appropriate payment to the Conference Secretariat.

c/o International Conference Consultants Limited

Address: Unit C-D, 17/F, Max Share Centre, 373 King's Road, North Point, Hong Kong

Tel: (852) 2559 9973

Fax: (852) 2547 9528

Email: roc2013@icc.com.hk

Websites: www.oshk.org.hk / www.hksco.org

**Register online : [www.oshk.org.hk](http://www.oshk.org.hk)**

## Personal Particulars

(Please type or print in block letters and ✓ where appropriate. \* Mandatory fields)

Title\*: ☐ Prof ☐ Dr ☐ Mr ☐ Mrs ☐ Ms ☐ Others, please specify: \_\_\_\_\_

Last Name\*: \_\_\_\_\_ First Name\*: \_\_\_\_\_

Position\*: \_\_\_\_\_

Institution\*: \_\_\_\_\_

Address\*: \_\_\_\_\_  
\_\_\_\_\_

Country\*: \_\_\_\_\_ Postal Code: \_\_\_\_\_

Tel\*: \_\_\_\_\_ Fax: \_\_\_\_\_ Email\*: \_\_\_\_\_

Special meal requests: ☐ Vegetarian ☐ Pork-free ☐ Beef-free ☐ Others, please specify: \_\_\_\_\_

## Registration Fee

Registration Category	Local Delegates		Overseas Delegates
	OSHK/ HKSCO Member	Non-OSHK/ HKSCO Member	
<b>14th Regional Osteoporosis Conference (25-26 May)</b>			<b>Registration Deadline: 15 May 2013</b>
On or before 15 May	<input type="checkbox"/> HK\$200	<input type="checkbox"/> HK\$500	<input type="checkbox"/> HK\$800
After 15 May	<input type="checkbox"/> HK\$300	<input type="checkbox"/> HK\$800	<input type="checkbox"/> HK\$1,100
<b>New Clinical Application of Advanced DXA Technology (25-26 May) *Complimentary</b>	Please indicate your preferred date: <input type="checkbox"/> 25 May / <input type="checkbox"/> 26 May / <input type="checkbox"/> Either		
<b>ISCD and IOF Course (24-25 May)</b>			<b>Registration Deadline: 3 May 2013</b>
<b>Clinician Course</b>	<input type="checkbox"/> HK\$2,300	<input type="checkbox"/> HK\$2,500	<input type="checkbox"/> HK\$2,800
<b>Technologist Course</b>	<input type="checkbox"/> HK\$2,000	<input type="checkbox"/> HK\$2,200	<input type="checkbox"/> HK\$2,800

For Course participants: you will receive email from ISCD/IOF after completion of the course with instruction on how to access and pay for the examination. The fee of online attestation examination is US\$45.

## Payment Declaration

All the payments are in Hong Kong dollars only. I hereby agree to be bound by the rules and regulations of the Conference and would like to settle the registration fee of HK\$ \_\_\_\_\_ by

☐ **Cheque** payable to "International Conference Consultants Ltd." (for Hong Kong Participants only)

☐ **Credit Card** ☐ Visa ☐ MasterCard

Card Number: \_\_\_\_\_ - \_\_\_\_\_ - \_\_\_\_\_ - \_\_\_\_\_ Expiry Date (MM/YY): \_\_\_\_\_ - \_\_\_\_\_

Name of Cardholder: \_\_\_\_\_

I hereby authorise International Conference Consultants Limited (ICC Ltd.) to debit my account for the above-mentioned amount.

Signature: \_\_\_\_\_ Date: \_\_\_\_\_

- Each registrant should complete a separate registration form. All the payments are in Hong Kong Dollars only.
- Registration form without payment will NOT be processed. Please do NOT send cash.
- Secretariat will send a letter of confirmation by email upon receipt of your registration form and full payment. Kindly check the letter of confirmation. Any changes or alterations must be made in writing to the Secretariat.
- The programme is subject to change without prior notice. In the event of cancellation of the Conference, the only liability of the Organizers is to refund all the fees paid.
- All enquiries, changes and cancellations should be made in writing to the Secretariat.

# Other Information

## Call for Abstract

The Organising Committee of 14th Regional Osteoporosis Conference 2013 (14th ROC) cordially invites prospective authors to submit abstracts for poster presentations during the conference. Your experience or research findings will provide valuable insight that can inspire innovative ideas to other participants. The Young Investigator Award will be given to the best abstract submitted by investigator below the age of 40.

**Deadline for Abstract Submission: 15 April 2013**

Please download the submission form at [www.oshk.org.hk](http://www.oshk.org.hk)

---

## Concurrent Workshop

### New Clinical Application of Advanced DXA Technology

Room S425, 4/F, Hong Kong Convention and Exhibition Centre

25-26 May 2013

---

## Accreditation

CME/ CPD/ CNE Points will be accredited for both ISCD & IOF course and conference.

---

## Local Organising Committee

Chairman: Dr. Yu-cho WOO

Members: Dr. Eddie Siu-lun CHOW  
Dr. William Wai-lum FOO  
Dr. Andrew Yiu-yan HO  
Dr. Carmen Tze-kwan HO  
Dr. Tai-pang IP  
Dr. Anita Sik-yau KAN  
Dr. Wai-sing LAM  
Dr. Tak-wing LAU  
Dr. Ka-kui LEE  
Dr. Jenny Yin-yan LEUNG  
Ms. Connie Hong-nin LOONG

---

## Meeting Venue

Room S421, 4/F

Hong Kong Convention and Exhibition Centre (Harbour Road Entrance)

1 Expo Drive, Wanchai, Hong Kong

---

## 14th ROC 2013 Conference Secretariat

c/o International Conference Consultants Limited

Unit C-D, 17/F, Max Share Centre, 373 King's Road, North Point, Hong Kong

Tel: (852) 2559 9973

Fax: (852) 2547 9528

Email: [roc2013@icc.com.hk](mailto:roc2013@icc.com.hk)

---

**Please visit our websites for updates.**

[www.oshk.org.hk](http://www.oshk.org.hk)

[www.hksco.org](http://www.hksco.org)