

26th Regional Osteoporosis Conference

13 September 2026

Hong Kong Convention and Exhibition Centre

**Bone Health Reimagined:
From Prevention to Precision Management**

**Submit your abstracts and
register ONLINE now!**

Extended Deadline for Abstract Submission:

13 August 2026

Deadline for Early-Bird Registration:

13 August 2026

Programme Highlights

- Diet, Vitamin D and Calcium
- Osteoporosis & Sarcopenia
- Bone Health During Pregnancy and Lactation
- Weight Management and Bone Health
- Novelties in Diagnosis & Treatment
- Prevention & Management of MRONJ
- Expert Discussions on Challenging Cases

CME / CPD / CDE Accreditation



Please visit our website for
up-to-date information

www.oshk.org.hk

Organized by:



The Osteoporosis Society
of Hong Kong

A member of



Asian Federation of
Osteoporosis Societies

Welcome Message

On behalf of the Organizing Committee, it is our great pleasure to invite you to the 26th Regional Osteoporosis Conference (ROC 2026), which will be held on 13 September 2026 in the Hong Kong Convention and Exhibition Centre.

Theme of this year's Conference is "**Bone Health Reimagined: From Prevention to Precision Management**". A variety of topics in bone health, including diet, vitamin D and calcium, osteoporosis and sarcopenia, bone health during pregnancy and lactation, effect of weight management on bone health, novelties in diagnosis and treatment, and prevention and management of MRONJ will be addressed. We are honored to have gathered so many distinguished experts to share their knowledge and discuss challenging cases at the Conference.

The annual ROC has become an important professional platform for experts to report on novel discoveries and share the most updated development in osteoporosis and related diseases. We warmly welcome local and international researchers to submit their abstracts and present their pioneering works, fostering a collaborative environment for idea exchange and collective growth.

We look forward to welcoming you at ROC 2026 and sincerely wish you a rewarding experience!



Prof. Ching-Lung CHEUNG
President,
The Osteoporosis Society of Hong Kong



Dr. Patrick CHIU
Chairperson,
Organizing Committee, ROC 2026

Organizing Committee

President of OSHK: Prof. Ching-Lung CHEUNG

Chairperson: Dr. Patrick CHIU

Members:	Dr. Eddie CHOW	Dr. Raymond Hang Wun LI	Dr. Ivan WONG
	Dr. Cheuk-Wah HO	Ms. Connie LOONG	Dr. Janus WONG
	Dr. Yvonne HO	Dr. David NG	Dr. Ronald WONG
	Dr. Tai-Pang IP	Dr. Iris NGAI	Dr. Sze-Hung WONG
	Dr. Alan LEE	Dr. Angel WONG	Dr. Tin-Wai WONG
	Dr. Ka-Kui LEE	Dr. Grace WONG	

Conference Programme

13 September 2026 (Sunday) (As of 9 September 2026)

Time	Session/ Topic/ Speaker
08:30 – 09:00	Registration
09:00 – 10:15	Session 1 - Preventive Strategies Chairpersons: Prof. Felix CHAN, Dr. Vivien YU Osteoporosis Management Alongside the New Food Pyramid Speaker: Ms. Danica YAU, Chairman, Hong Kong Dietitians Association Extra-Skeletal Effect of Vitamin D and Calcium Speaker: Prof. Ching-Lung CHEUNG, Associate Professor, Department of Pharmacology and Pharmacy, The University of Hong Kong AI-Powered Fall Risk Screening in the Community in Hong Kong Speaker: Prof. Amy FU, Associate Head, Department of Rehabilitation Sciences, The Hong Kong Polytechnic University
10:15 – 10:30	Opening Ceremony Guest of Honour: Dr. Fei-Chau PANG, Commissioner for Primary Healthcare, Health Bureau
10:30 – 11:00	Coffee Break, Exhibition & Poster Viewing
11:00 – 12:15	Session 2 - Osteoporosis and Sarcopenia Chairpersons: Dr. James LUK, Dr. Patrick CHIU Osteoporosis and Sarcopenia: Are They Separate Entities Speaker: Prof. Jean WOO, Director, CUHK Jockey Club Institute of Ageing, The Chinese University of Hong Kong Managing Osteoporosis in the Old-Old Speaker: Prof. Timothy KWOK, Director, CUHK Jockey Club Centre for Osteoporosis Care and Control, The Chinese University of Hong Kong The Rhythm of Health: Vibration Therapy in Osteoporosis and Sarcopenia Speaker: Prof. Louis CHEUNG, Professor, Department of Orthopaedics and Traumatology, The Chinese University of Hong Kong
12:15 – 12:45	Session 3 - AMGEN Symposium Chairperson: Dr. Tai Pang IP Goal Directed Osteoporosis Treatment: Sequencing Osteoporosis Therapy to Maximize Bone Strength and Shorten Treatment Duration Speaker: Dr. Elaine CHEUNG, Consultant, CUHK Medical Centre
12:45 – 13:10	Lunch Break (Complimentary lunch will be served on a first-come-first-served basis, subject to limited quota)
13:10 – 14:25	Session 4 - Special Groups Chairpersons: Dr. Grace WONG, Dr. Joanne LAM Bone Health during Pregnancy and Lactation Speaker: Dr. Vivian NG, Associate Consultant, Department of Obstetrics and Gynaecology, Queen Mary Hospital Hyperparathyroidism as a Cause of Osteoporosis Speaker: Dr. Andrew HO, Chief of Service, Department of Medicine & Geriatrics, Tuen Mun Hospital Effect of Weight Management on Bone Health Speaker: Prof. David LUI, Clinical Assistant Professor, Department of Medicine, The University of Hong Kong
14:25 – 15:15	Session 5 - Novelties in Diagnosis and Treatment Chairpersons: Dr. Iris SL NGAI, Dr. William SK CHEUNG Comparison of Diagnostic Performance of DXA and Other Radiological Modalities in Osteoporosis Detection Speaker: Dr. Ivan WONG, Associate Consultant, Nuclear Medicine Unit, Department of Diagnostic and Interventional Radiology, Queen Elizabeth Hospital Pelvic Fracture Fixation: How Robotics and Innovations can Optimize Recovery Speaker: Dr. Ronald WONG, Clinical Associate Professor, Department of Orthopaedics & Traumatology, The Chinese University of Hong Kong
15:15 – 15:45	Session 6 - HALEON Symposium Chairperson: Dr. Iris SL NGAI Osteoporotic and Atypical Fractures – The Orthopaedic Surgeon's Prime Targets Speaker: Dr. Wan Yiu SHEN, Specialist in Orthopaedics and Traumatology
15:45 – 16:00	Coffee Break, Exhibition & Poster Viewing
16:00 – 17:30	Session 7 - Challenges in Treatment Chairpersons: Dr. Angel TT WONG, Dr. Tin Wai WONG Prevention, Detection and Management of MRONJ Speaker: Dr. Crystal WANG, Honorary Clinical Assistant Professor, Oral and Maxillofacial Surgery, The University of Hong Kong MRONJ in Osteoporosis - Guidelines and Physician's Perspectives Speakers: Dr. Eddie CHOW, Consultant, Department of Medicine and Geriatrics, Tuen Mun Hospital Dr. Jennifer LUI, Associate Consultant, Division of Rehabilitation, Tuen Mun Hospital Challenging Cases Speakers: • Dr. Flora HO, Associate Consultant, Department of Medicine and Geriatrics, United Christian Hospital • Dr. Yvonne HO, Consultant, Department of Medicine and Geriatrics, Tai Po Hospital Panel Members: • Dr. Tommy CHEUNG, Honorary Consultant in Rheumatology, Hong Kong Sanatorium & Hospital • Dr. Tai-Pang IP, Specialist in Endocrinology, Diabetes and Metabolism • Dr. Alan LEE, Consultant, Department of Medicine, Tung Wah Hospital • Dr. Ka-Kui LEE, Specialist in Endocrinology, Diabetes and Metabolism
17:30 – 17:35	Closing Remarks

The programme is subject to change without prior notice.

Call for Abstracts

The Organizing Committee of 26th Regional Osteoporosis Conference (ROC 2026) cordially invites prospective authors to submit abstracts for **poster presentation** during the Conference. Your experience or research findings will provide valuable insight that can inspire innovative ideas to other participants.

Please submit your abstract ONLINE.

Extended Deadline for
Abstract Submission:
13 August 2026



Registration

All the payments are in Hong Kong Dollars. The amounts listed in US Dollars are for reference only.

Registration Category	Local Delegates		Non-Hong Kong Delegates
	Member [^]	Non-Member	
Early-Bird: On or before 13 August 2026	HK\$600	HK\$900	HK\$1,200 (US\$ 155)
Regular: After 13 August 2026	HK\$800	HK\$1,200	HK\$1,700 (US\$ 220)

[^] Member rate refers to the member of The Osteoporosis Society of Hong Kong (OSHK) and member / fellow / trainee of the Supporting Organizations of ROC 2026

Please register ONLINE.

Deadline for
Early-Bird Registration:
13 August 2026



Supporting Organizations

(As of 6 July 2026)

- Asian Federation of Osteoporosis Societies
- Association of Hong Kong Diabetes Nurses
- Diabetologists & Endocrinologists Alliance
- Hong Kong Association of Oral & Maxillofacial Surgeons
- Hong Kong Association of Rehabilitation Medicine
- Hong Kong College of Orthopaedic Surgeons
- Hong Kong College of Radiologists
- Hong Kong Dental Association
- Hong Kong Dietitians Association
- Hong Kong Obesity Society
- Hong Kong Occupational Therapy Association
- Hong Kong Osteoporosis Foundation
- Hong Kong Physiotherapy Association
- Hong Kong Society of Nuclear Medicine and Molecular Imaging
- The Chinese University of Hong Kong Jockey Club Centre for Osteoporosis Care and Control
- The Family Planning Association of Hong Kong
- The Hong Kong College of Family Physicians
- The Hong Kong Geriatrics Society
- The Hong Kong Orthopaedic Association
- The Hong Kong Radiographers' Association
- The Hong Kong Society of Endocrinology, Metabolism and Reproduction
- The Hong Kong Society of Rheumatology
- The Obstetrical and Gynaecological Society of Hong Kong
- The Society of Physicians of Hong Kong

Accreditation

CME / CPD / CDE points for Hong Kong delegates.

Please visit the conference website for detailed information.

For Enquiry

ROC 2026 Conference Secretariat

c/o International Conference Consultants Ltd.

Tel: (852) 2559 9973

Email: roc@icc.com.hk

Website: www.oshk.org.hk